Family Planning Counseling Process for Female Clients in Areas WITHOUT Local Transmission

All clients should be educated about and assessed for exposure to Zika in the context of the family planning visit.

Ask Female Clients: “Do you want to get pregnant now?”

Clients wishing to prevent pregnancy

Clients without clear intention about preventing or having a pregnancy

Clients wishing to have a pregnancy now or in the near future

- Conduct assessment for current and future risk for Zika infection (Job Aids #2 and #3):
  - Assess travel to areas with Zika transmission by client and her past and current partner(s)
  - Inquire about current or recent symptoms of Zika experienced by client and/or her partner(s)
  - Perform testing for Zika among non-pregnant women who experience signs/symptoms of Zika within 2 weeks of possible exposure

- Provide education about Zika virus, the risks associated with it, and its transmission in the context of client’s pregnancy goals and current and future risk (Client Handout #1 for all clients, Client Handout #2 if risk identified)

Discuss whether information and risk assessment changes views on future pregnancy

Wishes to prevent pregnancy

No clear intention

Wishes to have a pregnancy

Provide client-centered contraceptive counseling (Job Aids #4 & #5)
  - Consider method effectiveness as it relates to Zika risk

Discuss strategies to prevent Zika infection as appropriate for identified level of risk (Job Aid #6 and Client Handouts #2 if risk identified), as well as potential for:
  - Unplanned pregnancy
  - Change in pregnancy goals

Discuss timing of possible pregnancy in context of Zika risk, if present
  - Consider temporary pregnancy prevention if short term risk identified

Discuss strategies to prevent Zika infection and educate about symptoms of Zika infection as appropriate for identified level of risk (Job Aid #6 and Client Handout #2 if risk identified)