Family Planning Counseling Process for Female Clients in Areas WITH Local Transmission

All clients should be educated about and assessed for exposure to Zika in the context of the family planning visit

Ask Female Clients: “Do you want to get pregnant now?”

- **Clients wishing to prevent pregnancy**
- **Clients without clear intention about preventing or having a pregnancy**
- **Clients wishing to have a pregnancy now or in the near future**

- Conduct risk assessment for Zika infection (Job Aids #2 and #3):
  - Review risk of exposure to Zika, including environmental risks, use of mosquito bite prevention strategies, and use of condoms and other barriers to protect against infection to prevent sexual transmission
  - Inquire about current or recent symptoms of Zika experienced by client and her partner(s)
  - Provide testing for Zika among non-pregnant women with history of exposure and symptoms
- Provide education about Zika virus, the risks associated with it, and its transmission in the context of client’s pregnancy goals (Client Handout #1)

Discuss whether information and risk assessment changes views on future pregnancy

- **Provide client-centered contraceptive counseling (Job Aids #4 & #5)**
  - Consider method effectiveness as it relates to Zika risk

- **Wishes to prevent pregnancy**
- **No clear intention**
- **Wishes to have a pregnancy**

If temporary pregnancy prevention desired

- Review strategies to prevent Zika infection (Job Aid #6 and Client Handout #2) in context of potential for:
  - Unplanned pregnancy
  - Change in pregnancy goals

- Discuss timing of possible pregnancy in context of risk
  - Recommend temporary pregnancy prevention if symptoms or exposure in past 8 weeks for client, 6 months for male partner

- Review strategies to prevent Zika infection (Job Aid #6 and Client Handout #2), and educate about symptoms of Zika infection