Counseling Male Clients about Risk of Zika Infection in Areas WITH Local Transmission

1. Perform risk assessment
   ▶ Have you had any of the following signs/symptoms of Zika infection in the past 6 months?
   - Fever
   - Rash
   - Joint pain/Arthralgias
   - Red eyes/Conjunctivitis

2. Provide basic information about Zika
   This can be initiated by asking clients what they know about Zika in order to facilitate an interactive discussion (Client Handout #1).

3. Provide information about prevention of Zika virus and its consequences in the context of their risk
   (Client Handout #3 and Job Aids #6 and #7).
   ▶ If had symptoms of Zika:
     - Avoid conception for at least 6 months after onset of symptoms by abstaining or using contraception correctly and consistently.
     - Use condoms with partners for at least 6 months after onset of symptoms to prevent sexual transmission of Zika, regardless of use of other contraceptives.
     - Perform testing for Zika virus. However, clients should be aware that while a positive Zika test result indicates the definitive need to delay pregnancy, a negative test result cannot be used to establish the absence of risk of sexual transmission. Persons with negative test results should still follow recommended prevention measures. Clients should be aware that the risk of infection among those who have not been previously infected continues as long as Zika remains in the area.

   ▶ If did not have symptoms:
     - If interested in conceiving a pregnancy, consider timing of conception given the potential risk of Zika virus infection during pregnancy, personal factors (such as age and fertility), as well as the ability of both partners to use mosquito bite prevention strategies before and during pregnancy.
     - If pregnancy is not desired, use contraception correctly and consistently or don’t have sex to avoid an unintended pregnancy.
     - If concerned about passing or getting Zika through sex, use condoms while Zika virus is present in the area, regardless of use of other contraceptives.

   ▶ Use mosquito bite prevention strategies:
     - Wear long-sleeved shirts, long pants, socks.
     - Stay and sleep in places with air conditioning and window and door screens.
     - Sleep under a mosquito bed net if unable to close windows and doors.
     - Use Environmental Protection Agency (EPA)-registered insect repellents with one of the following active ingredients: DEET, picaridin, IR3535, oil of lemon eucalyptus, or eucalyptus, para-methane-diol, or 2-undecanone.
     - Wear permethrin-treated clothing.
     - Eliminate standing water near one’s home and workplace.

Educating Clients

See Client Handouts #1 and #3 for plain language and images to use when educating male clients about the key messages. These materials also serve as take-home materials for clients. Provide a handout on correct use of condoms (male or female).